

*"Helping people experience the hope.
found in a life-changing relationship with Jesus".*

Oscar Chavez - Lead Pastor "The Effect of Facing your Fears" Pt. 1 5/5/2024

The 5 de Mayo story....

"Facing Giants". What is a "giant"?

Anything that distracts us from our focus on God. It can be a situation, Circumstance, pain, or a problem that seems too big and overwhelming....

1 Samuel 17: Two key questions

1. What do we experience when we face a giant in our life?
2. How do we defeat that giant in my life?

1 Samuel 17

¹ The Philistines now mustered their army for battle and camped between Smooch in Judah and Aleah at Ephes-dammim. ² Saul countered by gathering his Israelite troops near the valley of Elah. ³ So the Philistines and Israelites faced each other on opposite hills, with the valley between them.

⁴ Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet tall! ⁵ He wore a bronze helmet, and his bronze coat of mail weighed 125 pounds. ⁶ He also wore bronze leg armor, and he carried a bronze javelin on his shoulder. ⁷ The shaft of his spear was as heavy and thick as a weaver's beam, tipped with an iron spearhead that weighed 15 pounds. His armor bearer walked ahead of him carrying a shield.

I. What do we experience when we are facing a giant in our life?

1. Fear.

V.8. ⁸ Goliath stood and shouted to the ranks of Israel, "Why are you all coming out to fight?" he called. "I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me!

²⁴ As soon as the Israelite army saw him, they all run away from him in great fear.

Why do we experience great fear when facing a giant in life?

- We fear because the giant we are facing seems to be bigger than we can handle....

What does fear do to us?

- **Fear paralyzes you.** Affects you mentally.
- **Fear creates emotional instability.** Affects you emotionally.
- **Fear Is Physical.** Affects you physically.

²⁵ "Have you seen the giant?" the men asked. "He comes out each day to defy Israel.

The Giant would not be silence if we don't face them, then you are stuck in fear.

⁹ If he kills me, then we will be your slaves. But if I kill him, you will be our slaves! ¹⁰ I defy the armies of Israel today! Send me a man who will fight me!"

¹¹ When Saul and the Israelites heard this, they were terrified and deeply shaken.

1. Exhaustion. = from the Latin- "Drain out."

¹⁶ For forty days, every morning and evening, the Philistine champion took his stand in front of the Israelite army.

V. 23. Goliath, the Philistine, came out from the Philistine ranks. Then David heard him shout his usual taunt to the army of Israel.....

2. Doubt.

²⁶ David asked the soldiers standing nearby, "What will a man get for killing this Philistine and ending his defiance of Israel?"

²⁷ And these men gave David the same reply. They said, "Yes, that is the reward for killing him."

V.25. The king has offered a huge reward to anyone who kills him. He will give that man one of his daughters for a wife, and the man's entire family will be exempted from paying taxes!"

²⁸ But when David's oldest brother, Eliab, heard David talking to the men, he was angry. "What are you doing around here anyway?" he demanded. "What about those few sheep you're supposed to be taking care of? I know about your pride and deceit. You just want to see the battle!"

This is what we experience when we are facing a giant in our life.

Fear...

Exhaustion...

Doubt...

The giant will keep on coming back to challenge you.

The giant will paralyze you with fear.... Exhaustion...

David believed that "The bigger they are the harder they fall."

As the army of Israel were experiencing fear David said

V.26b. *Who is this pagan Philistine anyway, that he is allowed to defy the armies of the living God?"*

In other words, we belong to God, why are we afraid?

HC

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