



HOPE CITY CHURCH

*"Helping people experience the Hope
found in a life-changing relationship with Jesus"*

LOVE | *unconditionally* - **REACH** | *intentionally* - **TEACH** | *transformationally*

SERVE | *relationally* - **SEND** | *courageously*

HOPECITYCHURCH.LA

putting
FIRST THINGS FIRST

TEACHING SERIES ON PRIORITIES FROM HAGGAI

SUNDAYS IN JANUARY

HOPE CITY CHURCH
HC
NORWALK, CA

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hopecitychurch.la



@hopecitychurchnorwalk



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TODAY @ HOPE CITY CHURCH

January 07, 2024

Thanks for joining us for our Worship Service! Our staff & volunteers have been praying for each of you and we can't wait to get to know you. If this is your first time with us, fill out a Connect Card & pick up a **welcome bag** from the connect center as a gift from Hope City Church. Welcome Home!



First Things First Pt 1

Haggai 1:1-7

Pastor Oscar Chavez

COURTYARD SIGN-UPS | SERVE



As we continue to grow together in 2024, our Gathering in the Courtyard from 10:15-10:45a on Sundays is a great way to see others and connect with people between services. We are looking for individuals willing to participate in this time by choosing a month to donate juices & chocolate milk for our Gathering in the Courtyard. **Scan the QR Code** here OR stop by the connect center to Sign Up.

ADVENTURE CLUB FOR KIDS

[children 3 years old through 5th grade]

Join us every Friday at 6:30pm @ HOPE CITY CHURCH
Adventure Club Kids will meet in Room B105 For more information contact us at: hopecitykids@hopecitychurch.la



Happy Birthday

Evelyn Cruz

Sun

Jan 07

THIS WEEK @ HOPE CITY

Women of Grace	Tue	Jan 9	6:00am
Ironmen Bible Study	Tue	Jan 9	6:30pm
Gonzalez Small Group (Gonzalez Home)	Tue	Jan 9	6:30pm
Serve Coffee to TLC Families (<i>On Campus</i>)	Wed	Jan 10	7:30am
Women's bible Study (Rm D103)	Wed	Jan 10	6:30pm
Bible Studies (English & Spanish)	Fri	Jan 12	6:30pm
Hope City Kids/ Adventure Club	Fri	Jan 12	6:30pm
Hope City Students	Fri	Jan 12	6:30pm

HOPE CITY WOMEN'S CONFERENCE



Join us AT THE TABLE for a regional Charis Women's Conference for women ages 14+ at Seal Beach Grace Church. January 26-27, 2024 | Friday 7-9p & Saturday 9-4p [Lunch included] Cost is \$50. Scan QR code to register or see Janine Lansing!

CELEBRATION FOR PATTY MORRIS

Join us for a lunch for Patty Morris to celebrate 40 years as a missionary with Encompass World Partners in France.

Location: Grace Church of Orange [2201 E. Fairhaven Ave]

Date: January 28, 2024 12:30-2:00pm

RSVP by 1/21/24 by clicking on the QR code here:



Read Apply Pray
31 days of priority proverbs from God's Word

Mon[1/8] – Proverbs 21:21 **Thurs[11/23:4]** – Proverbs 15:16

Tues[1/9] – Proverbs 37:23 **Fri[1/12]** – Proverbs 18:15

Wed[1/10] – Proverbs 16:8 **Sat[1/13]** Proverbs 15:21

Sun[1/4] – Proverbs 16:9.0



Matthew 6:25. NIV

“Therefore, I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?”

What is worry?

Worry is defined as ‘giving way to anxiety or unease; allowing one's mind to dwell on difficulty or troubles.

This is a great definition. What it implies is thinking about life events can turn into an unhealthy pattern of worry. There’s something that will always want to fill our minds, but it’s up to us to give way to it. Think of your mind as a door to a house, the house being your body. It’s common practice for people to ring the door before they enter the house so you can see who is there. When we recognize the person or quite frankly want to see them, then we allow them in. A stranger cannot willingly just barge in without your approval.

In that view, it’s not every thought we should allow to live in our mind. There will be difficulty and troubles, but again, you can choose to dwell on the difficulties or challenge them. It doesn’t mean the difficulties and the thoughts surrounding them will go instantly, but it does mean that you choose to take control of that situation temporarily.

The difference then between worrying and thinking is worry consumes you

The issue around worry is that we believe it’s unnatural. Actually, psychologists will advise you to allocate a time of day in which you note your worries. In that moment, all you do is think about what’s causing you to worry and then you note it down. The idea is to acknowledge the worry but not permit it to interrupt your daily life.

Verse 25 of Matthew 6, gives a glimpse into that. It’s not that we won’t worry but truly what has worrying ever done for you? You worry about your family, career and even your health, but by worrying what did you gain? For some, worrying has become a crutch that takes away from prayer and devotion unto God which should be our first response.