

**Let's Just Praise The Lord**  
**"On Thanksgiving" #3**  
Psalm 145  
Pastor Roy Halberg

→ Have you ever had "one of those days"?

Did you ever have "one of those days" all week long?

→ How do you respond to those days?

1. We often Grumble or C\_\_\_\_\_
2. We sometimes Question or ask "W\_\_\_\_\_?" or "W\_\_\_\_\_ me?"
3. We may at times simply A\_\_\_\_\_ what happens
4. We may, in our best moments, remember to P\_\_\_\_\_

**Praise & Thanks Should Permeate & Radiate From The Life Of Every Believer**

**1. THE COMMITMENT TO PRAISE & THANKS** vv1-3

- A. The **STATEMENT** of his commitment "**I will**" (5xs—vv1, 2, 5, 6)
- B. The **DURATION** of his commitment: **How L\_\_\_\_\_** will he praise and thank?  
"**forever and ever**" (3xs—vv1, 2, 21)
- C. The **FREQUENCY** of his commitment: **How O\_\_\_\_\_** will he praise & thank?  
"**every day**" v2
- D. The **NATURE** of his commitment: **How** will he praise & thank?
- E. The **REAFFIRMATION** of his commitment  
"my mouth will speak the praise of the lord" (v21)

**2. THE CONTENT OF PRAISE AND THANKS**

→ Praise is always filled with content . . . not just "praise the lord" but "praise the lord for..." or "praise the lord because..."

- A. Praise God for His **W\_\_\_\_\_** ... for what He says!  
-God's "wondrous works" (v5) includes the root idea of something that is spoken  
→ Do you have a favorite passage that you are **THANKFUL FOR?**  
a promise of God, an exhortation from God, a command, instruction, etc
- B. Praise God for His **W\_\_\_\_\_** . . . for what He does!  
-note use of these words
  - "Thy **works**" (v4, 9, 10)
  - "mighty **acts**" (v4)
  - Wonderful **works** (v5)
  - "awesome **acts**" (v6)
  - "mighty **acts**" (v12)
  - "kind in all His **deeds**" (v17)

→ Can you **SHARE SOMETHING SPECIFIC THAT GOD HAS DONE FOR YOU RECENTLY?** . . . an answer to prayer, a demonstration of his love/care for you, a show of his power on your behalf

- C. Praise God for His \_\_\_\_\_ . . . who He is!  
-note the mention of God's "name" (v1, 2, 21) and attributes...
  - His greatness v3
  - His majesty v5
  - His abundant goodness v7
  - His Graciousness v8
  - His Mercifulness v8

→ Can you **EXPRESS PRAISE FOR A CHARACTER QUALITY OF GOD:**  
one on this list or another...

**SO WHAT? NOW WHAT? TAKING IT HOME!!**

→ **THERE ARE PRINCIPLES HERE FOR LEARNING HOW TO PRAISE GOD:**

1. **V\_\_\_\_\_ YOUR PRAISE OF HIM**  
→ "declare" (v4), "utter" (v7), "talk" (v11, 21)
2. **S\_\_\_\_\_ YOUR PRAISE OF HIM** (v 7)
3. **M\_\_\_\_\_ ON YOUR PRAISES OF HIM** (v5)
4. **KEEP A W\_\_\_\_\_ R\_\_\_\_\_ OF YOUR PRAISES OF HIM** (v6)

→ **REMEMBER:**

Praise Should Permeate And Radiate From The Life Of Every Believer

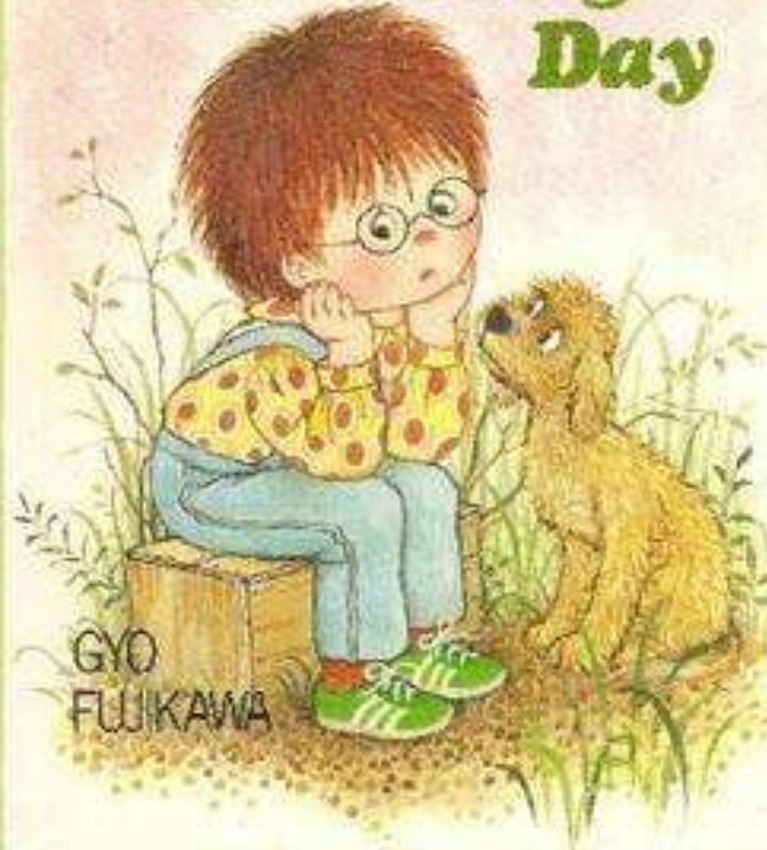
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*ON  
THANKSGIVING*

[something to be grateful for]

GRACE NORWALK

**Sam's  
All-Wrong  
Day**



GYO  
FUJIKAWA

**ON THANKSGIVING** [something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

→ Have you ever had "one of those days"?

Did you ever have "one of those days" all week long?

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

→ Have you ever had "one of those days"?

Did you ever have "one of those days" all week long?

→ One of 4 responses to "bad" events in our lives:

A. GRUMBLING/COMPLAINING

B. QUESTIONING/ASKING "WHY?" or "WHY ME?"

C. ACCEPTING/PASSIVE RESIGNATION

D. PRAISE: THE RESPONSE OF THE WORSHIPPING LIFE!!

**ON THANKSGIVING**  
[something to be grateful for]

## Psalm 145

I will extol You, my God, O King, and I will bless Your name forever and ever. Every day I will bless You, and I will praise Your name forever and ever.

Great is the Lord, and highly to be praised, and His greatness is unsearchable. One generation shall praise Your works to another, and shall declare Your mighty acts. On the glorious splendor of Your majesty and on Your wonderful works, I will meditate. Men shall speak of the power of Your awesome acts, and I will tell of Your greatness. They shall eagerly utter the memory of Your abundant goodness and will shout joyfully of Your righteousness.

The Lord is gracious and merciful; Slow to anger and great in lovingkindness. The Lord is good to all, and His mercies are over all His works. All Your works shall give thanks to You, O Lord, and Your godly ones shall bless You. They shall speak of the glory of Your kingdom and talk of Your power; To make known to the sons of men Your mighty acts and the glory of the majesty of Your kingdom. Your kingdom is an everlasting kingdom, and Your dominion endures throughout all generations. The Lord sustains all who fall and raises up all who are bowed down.

The eyes of all look to You, and You give them their food in due time. You open Your hand and satisfy the desire of every living thing. The Lord is righteous in all His ways and kind in all His deeds. The Lord is near to all who call upon Him, to all who call upon Him in truth. He will fulfill the desire of those who fear Him; He will also hear their cry and will save them. The Lord keeps all who love Him, but all the wicked He will destroy. My mouth will speak the praise of the Lord, and all flesh will bless His holy name forever and ever.



# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A person wearing a yellow coat and a red backpack is walking through a field of falling autumn leaves. The person is seen from behind, and their arms are slightly raised. The background is a dense forest of trees with yellow and orange leaves. The overall scene is bright and festive, capturing the essence of autumn.

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment “I will”

(5xs—vv1, 2, 5, 6)

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment “I will”

B. The **DURATION** of his commitment:

How long will he praise? “forever and ever”

(3xs—vv1, 2, 21)

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment "I will"

B. The **DURATION** of his commitment:

C. The **FREQUENCY** of his commitment:

How often will he praise? "every day" (v2)

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment "I will"

B. The **DURATION** of his commitment:

C. The **FREQUENCY** of his commitment:

D. The **NATURE** of his commitment: How will he praise?

- "extol"= to be high, to raise (v1); exalt

- "bless"= to kneel (v1, 2, 10, 21)

- "praise" (v2, 4, 21)= to be clear; to shine; to make a show, to boast to be (clamorously) foolish, to rave; to celebrate, (hallelujah)

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment "I will"

B. The **DURATION** of his commitment:

C. The **FREQUENCY** of his commitment:

D. The **NATURE** of his commitment: How will he praise?

- "**declare**" (v4)= to stand boldly opposite, to announce (always by word of mouth)
- "**meditate**" (v5)= to ponder; (by impl) to converse with yourself (ie. aloud)
- "**tell**" (v6)= to score with a tally or mark; to inscribe/enumerate/recount/celebrate

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 1. THE COMMITMENT TO PRAISE vv1-3

A. The **STATEMENT** of his commitment "I will"

B. The **DURATION** of his commitment:

C. The **FREQUENCY** of his commitment:

D. The **NATURE** of his commitment: How will he praise?

- "eagerly utter" (v7)= gush forth (NIV= "celebrate")
- "shout joyfully" (v 7)=to creak; a shrill shriek of joy
- "speak" (v11, 21)= to arrange . . . a prepared speech/thought

**ON THANKSGIVING**  
[something to be grateful for]

A person wearing a yellow coat and a red backpack is walking away from the camera through a field of falling autumn leaves. The scene is hazy and atmospheric, with many leaves in the air, creating a sense of movement and transition. The person is in the center of the frame, and the background is a soft, out-of-focus landscape of trees and foliage.

**LET'S JUST PRAISE THE LORD**

**PSALM 145**

**2. THE CONTENT OF PRAISE vv1-3**

**ON THANKSGIVING**  
[something to be grateful for]



# LET'S JUST PRAISE THE LORD

## PSALM 145

### 2. THE CONTENT OF PRAISE vv1-3

#### A. Praise God for His WORDS

- "wondrous works" v5 root="a word"; secondarily "a matter" (smth spoken of), hence, an "act"

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 2. THE CONTENT OF PRAISE vv1-3

A. Praise God for His WORDS

B. Praise God for His WORKS

- "works", "acts", "deeds" (vv4, 5, 6, 9,10,12)

**ON THANKSGIVING**  
[something to be grateful for]

# LET'S JUST PRAISE THE LORD

## PSALM 145

### 2. THE CONTENT OF PRAISE vv1-3

A. Praise God for His WORDS

B. Praise God for His WORKS

C. Praise God for His WORTH

-His "name" v1,2,21)

-His attributes

+ "greatness" v3, 6 + "majesty" v5 + "goodness" v7,9

+ "gracious" v8 + "merciful" v8

+ "loving kindness" v8

+ "righteousness" v17

**ON THANKSGIVING**  
[something to be grateful for]

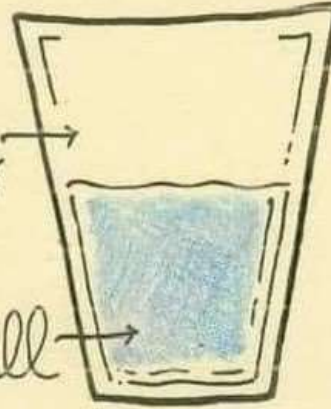
# PRINCIPLES WE LEARN ABOUT HOW TO PRAISE OUR GOD

1. **VERBALIZE** YOUR PRAISE OF HIM (v4, 7, 11, 21)
2. **SHOUT** YOUR PRAISE OF HIM (v 7)
3. **MEDITATE** ON YOUR PRAISES OF HIM (v5)
4. KEEP A **WRITTEN RECORD** OF YOUR PRAISES (v6)

**ON THANKSGIVING**  
[something to be grateful for]

pessimist:

glass half empty →



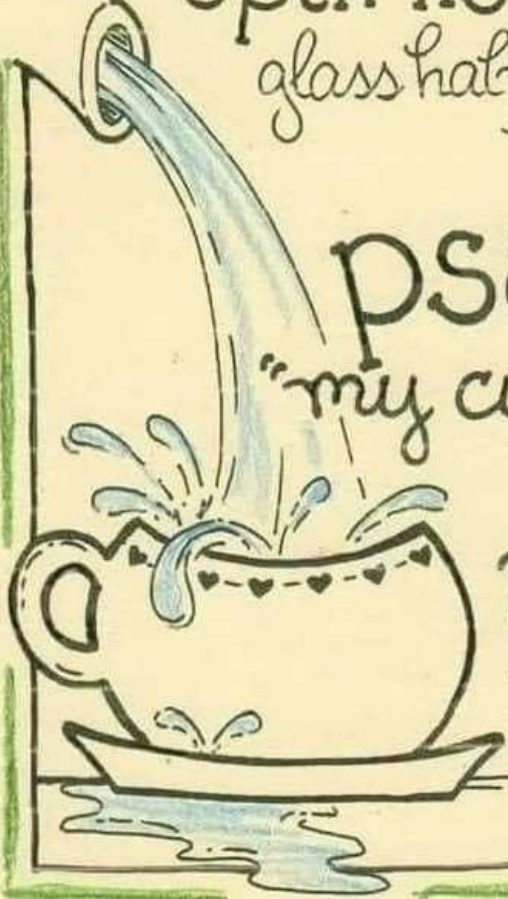
optimist:

glass half full →

psalmist:

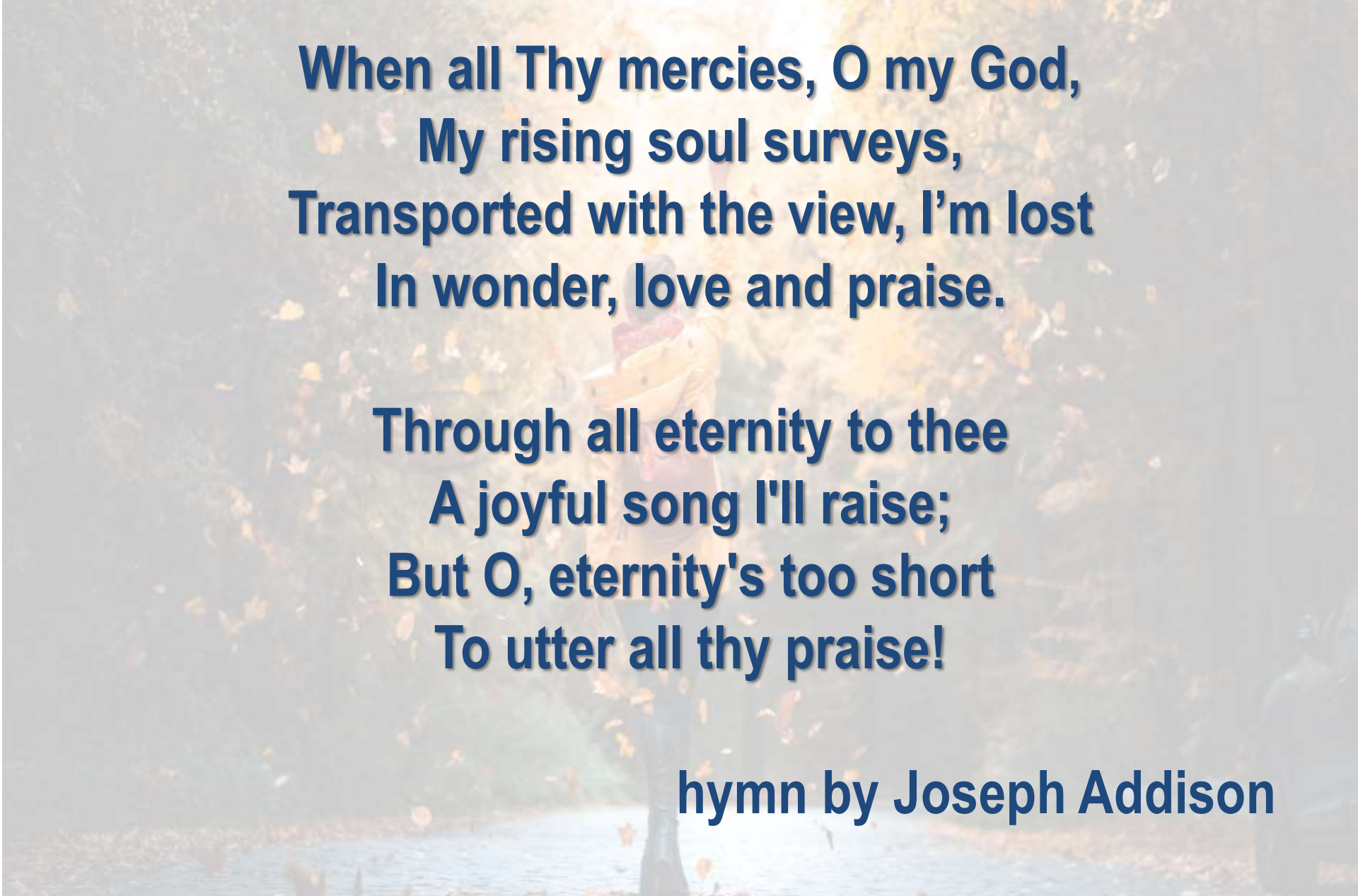
"my cup runneth  
over..."

Psalm 23:5



**ON THANKSGIVING**

[something to be grateful for]



**When all Thy mercies, O my God,  
My rising soul surveys,  
Transported with the view, I'm lost  
In wonder, love and praise.**

**Through all eternity to thee  
A joyful song I'll raise;  
But O, eternity's too short  
To utter all thy praise!**

**hymn by Joseph Addison**

**ON THANKSGIVING**

**[something to be grateful for]**

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