EMOTIONS COMMOTION

Genesis 3: Sin and the Psyche

JOHN CALVIN

"It is not what I want that causes me trouble, but that I want it too much. The human heart is a factory of idols."

FOUNDATIONS

Creator Father, Son, & Spirit

Hebrews 11:3; Psalm 19:1-4; 33:6, 9; Proverbs 3:19-20; 8:22-31; John 1:1-3; Colossians 1:16-17

CHRIST AND YOUR PROBLEMS

Ezekiel 13:10-12
Jeremiah 6:13-14; 2:13
2 Peter 1:3; 1 Timothy 4:8
2 Timothy 3:16; Hebrews 4:12

CHRIST AND YOUR PROBLEMS

"To properly diagnose personal problems we must include a biblical view of what is truly wrong. This view of what is wrong is clearly portrayed in Genesis 3 and the details directly apply to the social sciences." "What Happened in the Garden?"

GENESIS 3 & PERSONAL PROBLEMS

A robust model to explain the myriad human problems:

1. The Cause 3:1-6
2. The Effects 3:7-24

MILLION $$ QUESTION

How does the doctrine of sin influence the way we understand the terms “mental health” and “personal problems?

WHY TALK ABOUT SIN?

A proper treatment plan demands a proper diagnosis. A literal understanding of sin is crucial to the social sciences. A biblical view of counseling must include the doctrine of sin (***Hamartiology***) and what it has done to humanity.

CAN WE TALK?

"Even if a psychological theory is making accurate observations, and even if there is a strong physical component to the issue, the diagnosis cannot be accurate if it does not include the ***immaterial*** part of our being and how it has been infected by sin." "What Happened in the Garden"

IT'S IMMATERIAL!

The immaterial part of our being in Scripture is called "soul, spirit, mind, and heart." The term "***heart***" is the leading word and is directly impacted by what happened in the Garden of Eden.

HAMARTIOLOGY

"***Sin***" = "to miss the mark"

"any want of conformity to the character of God"

"in act, disposition, or state"

BIBLICAL DOCTRINE OF SIN

1. ***Personal sin*** **(Rom. 3:23)** is the form of sin which includes everything in the daily life which is against or fails to conform to the character of God. It is rebellion against or disobedience to God's specific commands.

BIBLICAL DOCTRINE OF SIN

2. The ***sin nature*** of man is another major aspect of sin as revealed in the Bible. **(*Rom. 5:19; Eph. 2:3*)** It is called the Adamic curse. The will, conscience, intellect are corrupted by sin = ***Total Depravity of Sin***.

BIBLICAL DOCTRINE OF SIN

3. Sin is also presented in Scripture as ***imputed***, or reckoned, to our account. **(Rom. 5:12-18)** Sin is imputed from Adam to us in our nature, from us to Christ (salvation), and Christ's righteousness to us.

BIBLICAL DOCTRINE OF SIN

4. The entire human race is under a judicial state of sin **(Rom. 3:9; 11:32; Gal. 3:22)** To be ***under sin*** is to be divinely reckoned to be without merit which could contribute to eternal salvation; a judicial standing; a position before God.

THE CURE

A proper diagnosis is the only hope! The bible clearly indicates the devastating effects of sin upon man and the hopelessness of man solving his own sin problem. The proper understanding of the doctrine of sin is essential to under-standing God's remedy for sin.

Ephesians 2:8-9; Genesis 3:15

OCEANS COMMOTION

Secular approaches attempt to solve man's problems ***without God***. The Bible dives deeper, to the very bottom and root of our problems, and brings eternal help and healing! ***Hebrews 4:12; Romans 1:16***

DUELING PSYCHOLOGIES

While most agree on a definition of "psychology," there are hundreds of different theories of ***WHY*** we think and behave the way we do; and multitudes of "helping approaches" (therapies). ***Each psychology offers its own view of the problem and solution.***

CBT

Cognitive Behavioral Model

Thinking controls behavior;
Behavior springs from ideas;
Change thinking = changed behavior; (Aaron Beck; Alfred Adler)

BIOMEDICAL THEORY

Source of problems is biological; strictly the brain; a "disease model"; emphasizes pharmacological treatment; dominant theory today; doesn't recognize the soul/spirit; violent behavior is not crime because disease is not criminal. (Brett Deacon)

MASLOW'S NEEDS THEORY

Human problems arise when basic needs are not being met; self-actualization is the solution; reaching your full potential; happiness only possible when all basic needs are met; in this system Jesus was not self-actualized; basis of "The Five Love Languages."

ABRAHAM MASLOW

"As far as I know we just don't have any intrinsic instincts for evil. If you think in terms of basic needs, instincts, at least at the outset, are all good, or "pre-moral," neither good nor evil." *Toward a Psychology of Being*

WHAT ABOUT MY NEEDS?

"Who Are We: Needs, Longings, and the Image of God in Man" by Ed Welch (online article)

Where are needs in the Bible? How should we think biblically about needs? As image-bearers who have needs, does God have needs too?

BIBLICAL EYEGLASSES

"While some of these theories may give us some helpful insight into humanity, they do not get at the ***root*** of the problem that is influencing everything else."

Dr. Ernie Baker, Counseling Dept., The Master's College

ROOT FOR THE HOME TEAM!

"As Christians, we want to know what the all-knowing Creator says about humanity." And about how to deal with our problems and what is at the root of them. **(Genesis 3:1-24)**

CBT

Yes, we are rational beings according to Scripture, but we also have strong desires that override the rational part of our being. We cannot simply reorient thinking about desires. Change is more complex than reprogramming.

SCRIPTURE & CBT

Titus 3:3 – “slaves to various passions and pleasures”

Matthew 12:34-35 – we worship
Romans 13:14 – we desire

SCRIPTURE & CBT

In the Bible we: are devoted to, hope in, serve, bow down to, love, fear, treasure many things above God!

Something deeper than just thinking!

SCRIPTURE & BMM

Yes; we are bio/psycho/social beings; but secular theory says biology is evolved and has not been impacted by a sinful nature; psyche is merely a mental state without an immaterial soul; yes, we are social, but the ultimate relationship is with God.

HEART DESIRES

James 1:14-15; 4:1-3
Proverbs 29:25
1 John 4:18